



# Putting Together the Toolkit

This workshop equipped teachers with a ready-to-use toolkit for integrating social and emotional learning (SEL) into their teaching instruction. Moving beyond theory, the session focused on three practical, research-backed approaches: explicit SEL instruction, supportive teaching practices, and academic curriculum integration.

## 1 Toolkit Stop #1: Reading Text to Gain Insight

The workshop equipped teachers with the STEAL framework, positioning it as an essential lens for character analysis. This tool transforms reading into active investigation, giving insights into characters' emotions and motivations, and thereby building foundational SEL understanding.

### STEAL

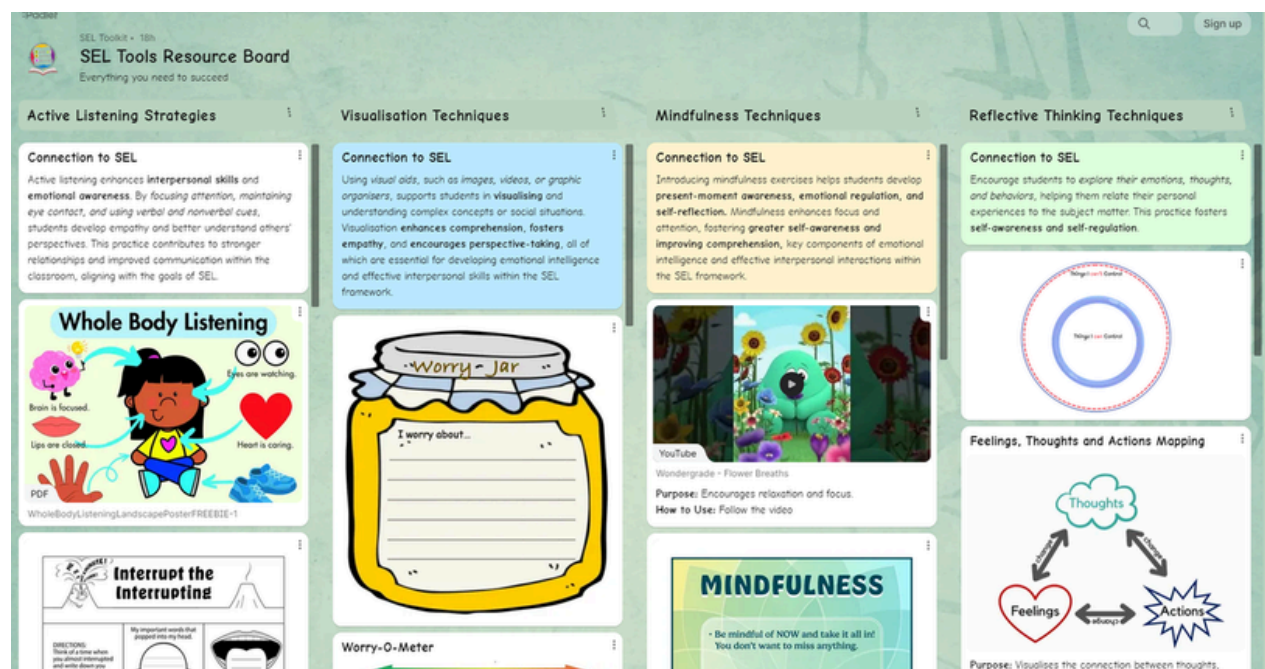
Speech	<ul style="list-style-type: none"> <li>What does the character <b>say</b>?</li> <li>How do they say it?</li> </ul>
Thoughts	<ul style="list-style-type: none"> <li>What does the character <b>think</b>?</li> </ul>
Effect on others	<ul style="list-style-type: none"> <li>How does the character <b>affect</b> others?</li> <li>How do they react to the character?</li> </ul>
Actions	<ul style="list-style-type: none"> <li>How does the character <b>act</b>?</li> <li>What does the character <b>do</b>?</li> </ul>
Looks	<ul style="list-style-type: none"> <li>What does the character <b>look</b> like?</li> <li>What does the character's body language tell me about their feelings?</li> </ul>

## 2 Toolkit Stop #2: From Gaining Insight to Building Skills



In an interactive "jigsaw" format, teachers dove deep into four specific SEL-driven reading strategies - **Show It**, **Thought Bubbles**, **Inside Out** and **This or That**. They practised applying these strategies using various storybooks, experiencing first-hand how to turn a reading lesson into an opportunity for building empathy, responsible decision-making and self-awareness.





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## Toolkit Stop #3: From Building Skills to Practising Skills

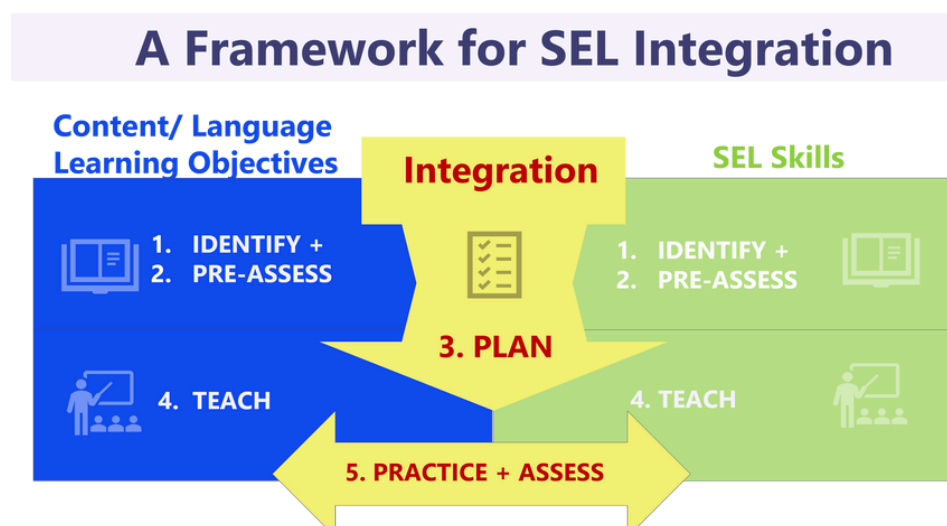
The next toolkit equipped teachers with metacognitive routines through a curated Padlet. The tools help students consciously connect character analysis to self-understanding.

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## Toolkit Stop #4: From Practising Skills to Internalising Skills



Participants explored how to make the classroom environment conducive to the learning and teaching of SEL. In a gallery walk featuring the five CASEL competencies, teachers explored practical teaching practices and daily routines that foster a supportive culture.



Adapted from A Framework for SEL Integration: It's Time to Teach Differently  
By Dr. Tara Laughlin, Director of Readiness Curriculum at PAIRIN  
<https://measuringSEL.org/framework-sel-integration-time-teach-differently/>

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## Toolkit Stop #5: Bringing It All Together Through SEL-ELE Integration Framework

The final stop was the ELE-SEL Integration framework, a step-by-step planning guide. Teachers were taken through its six steps, from choosing their lesson goals to planning how to check student understanding using all the new tools explored during the workshop. This gave everyone a clear and practical plan for blending reading and SEL in their own classrooms.

## The Path Ahead: The Open Lessons

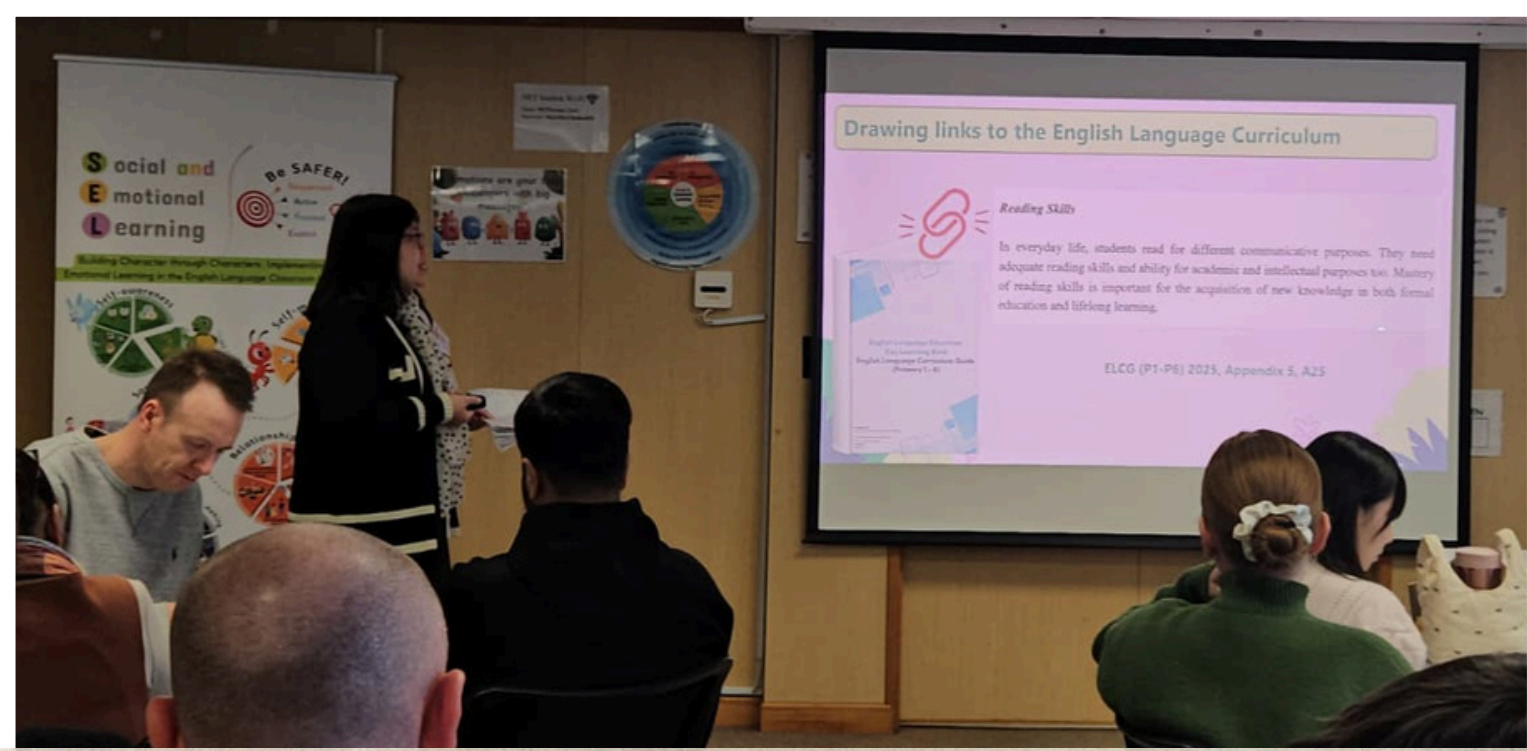
The toolkit is being brought to life through a series of peer-led open lessons in February and March where teachers will observe the application of STEAL and SEL strategies in action, fostering an ongoing cycle of professional learning and reflective practice.



# photo gallery



Introduction to the toolkit



Drawing links to the English Language curriculum



Reading text to gain insight



The 4 Stations

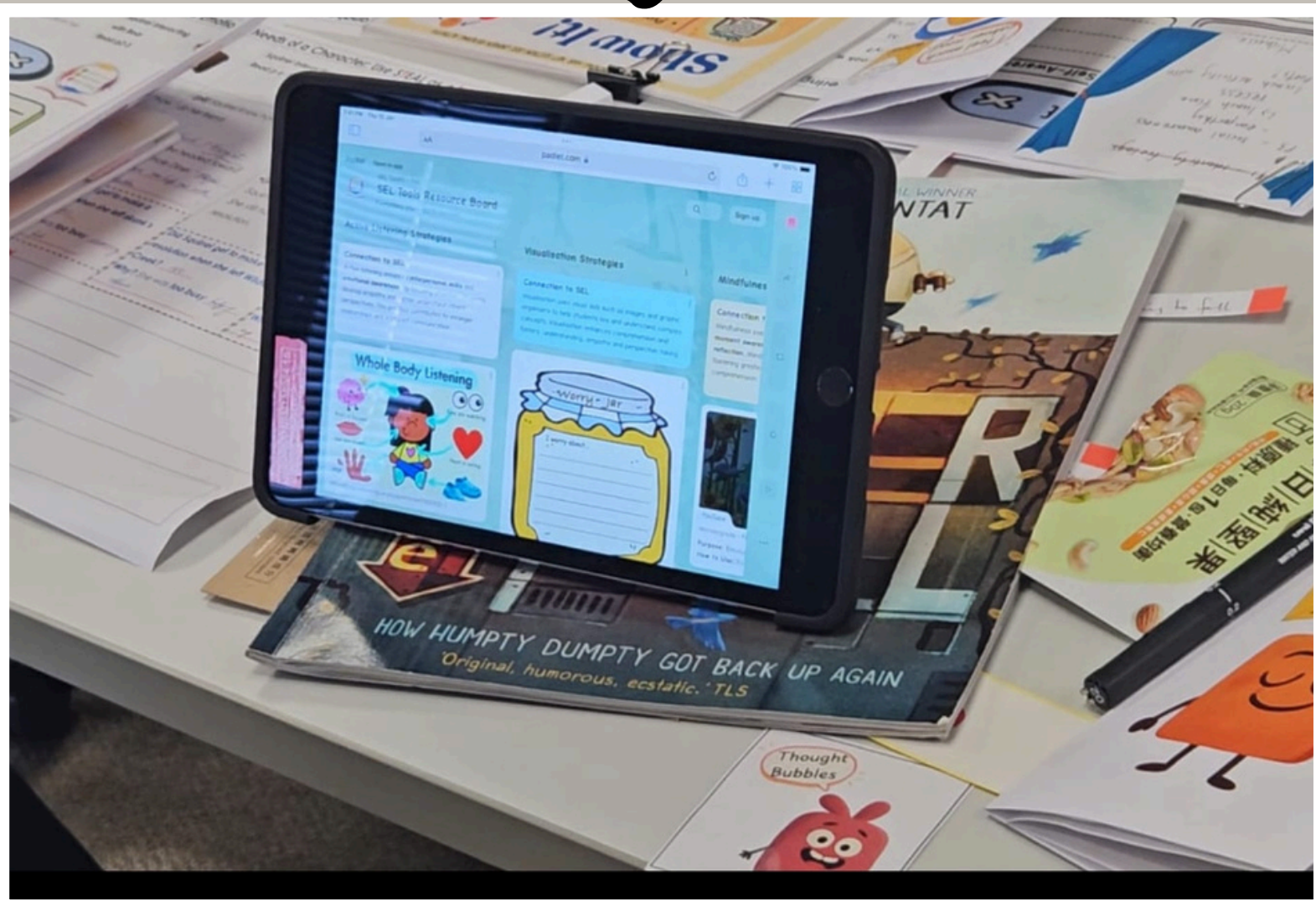


From Gaining Insight to Building Skills



# photo gallery

## From Building Skills to Practising Skills



## CONNECTION ZONE

## From Practising Skills to Internalising Skills

