

SEL Module:

Now and Then

Self-management	Self-awareness	Responsible decision-making: Solving problems	Relationship skills	Social awareness
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**Task Idea 1: List things at home that we would be unable to use without electricity. Do some research on what types of equipment were used in the past. How would you survive a power blackout?**

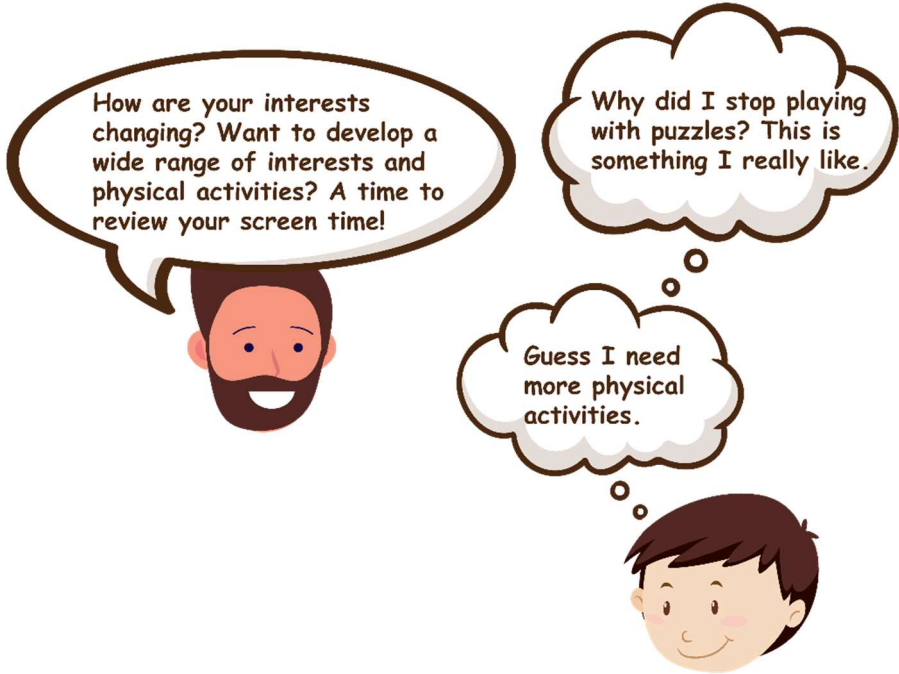


Self-management: Self-discipline	Self-awareness	Responsible decision-making	Relationship skills: Communication	Social awareness
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Task Idea 2: Create a timeline of toys/games you have liked since you were a baby with the help of your parents. What were the changes over time?

### My Favourite Toys & Games

1-2 Years Old					
3-4 Years Old					
5-6 Years Old					
7-8 Years Old					
9-10 Years Old					



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**Task Idea 2: Create a timeline of toys/games you have liked since you were a baby with the help of your parents. What were the changes over time?**

**My Favourite Toys & Games**

1-2  
Years  
Old

3-4  
Years  
Old

5-6  
Years  
Old

7-8  
Years  
Old

9-10  
Years  
Old

Self-management

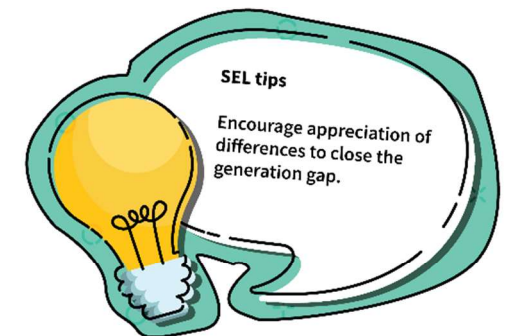
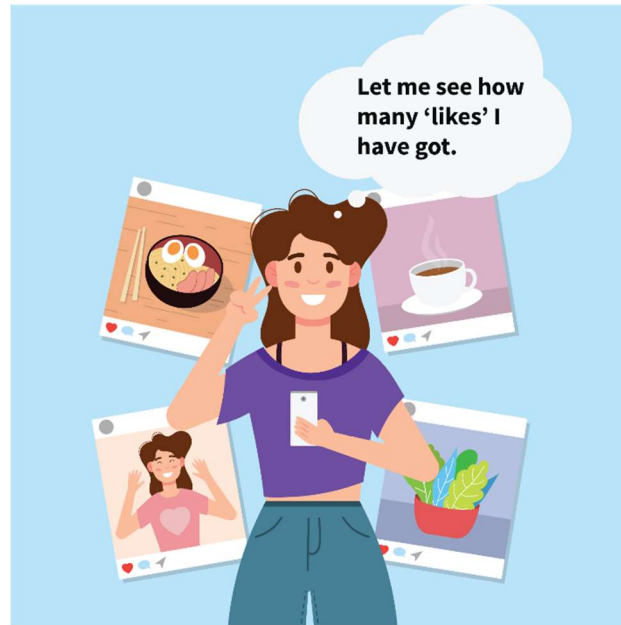
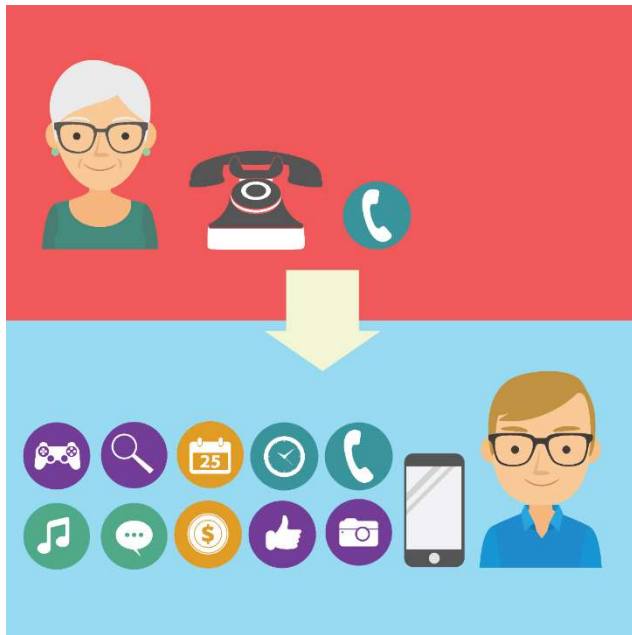
Self-awareness

Responsible decision-making

Relationship skills:  
Communication

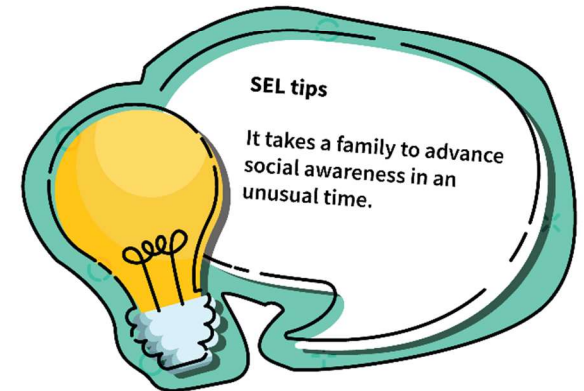
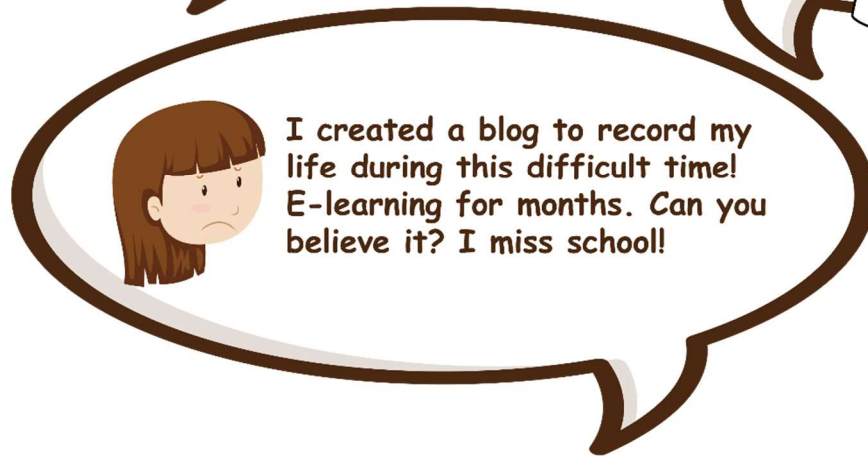
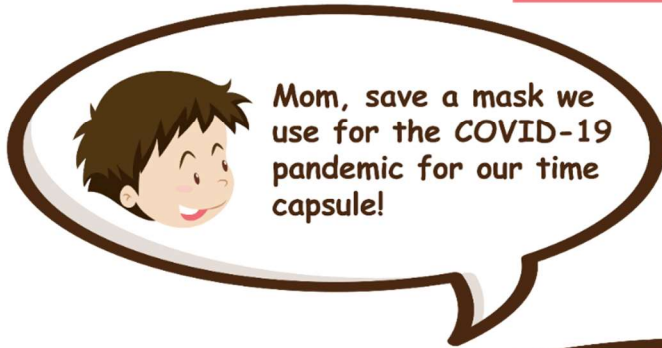
Social awareness:  
Appreciating diversity

**Task Idea 3: Interview your parents and grandparents. Find out how they communicated with others in the past and how they do so now. How have telecommunications changed the way people connect with one another and share views?**



Self-management	Self-awareness	Responsible decision-making: Analysing situations	Relationship skills: Communication	Social awareness
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Task Idea 4: Put one thing in a time capsule which will be opened 10 years from now to remind you of the difficult period you had experienced.



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**Task Idea 4: Put one thing in a time capsule which will be opened 10 years from now to remind you of the difficult period you had experienced.**

## Our Family's Input



Date Buried: \_\_\_\_\_



# Our Family Time Capsule

**Do Not Open Until:** \_\_\_\_\_