



Learning Together: Classroom Visits Across Our SEL Community

As part of the ongoing SEL Learning Hub events, members of the SEL community visited three schools, **Sha Tin Methodist Primary School, CCC Kei Wan Primary School (Aldrich Bay) and St. Mary's Canossian School**, to observe SEL-integrated lessons in action. The visits provided an opportunity for learning hub members to learn together and witness how various SEL strategies can be brought to life in classrooms.



The Purpose

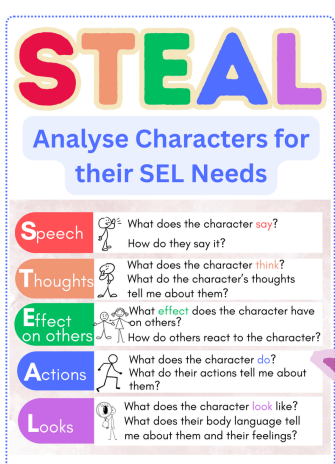
The goal was to see theory and strategies in practice, to ask questions in a supportive environment and to return to the classrooms with fresh ideas and renewed energy. Each visit was followed by a collegial debrief where observers could ask the host teacher questions about their planning, decision-making and student responses for further clarifications and enriching understanding about SEL.



What We Observed - The Action

Each school brought its unique context, student diversity and teaching style to these strategies, reminding us that SEL integration is not a script, but a flexible practice shaped by the teachers and students in the room.

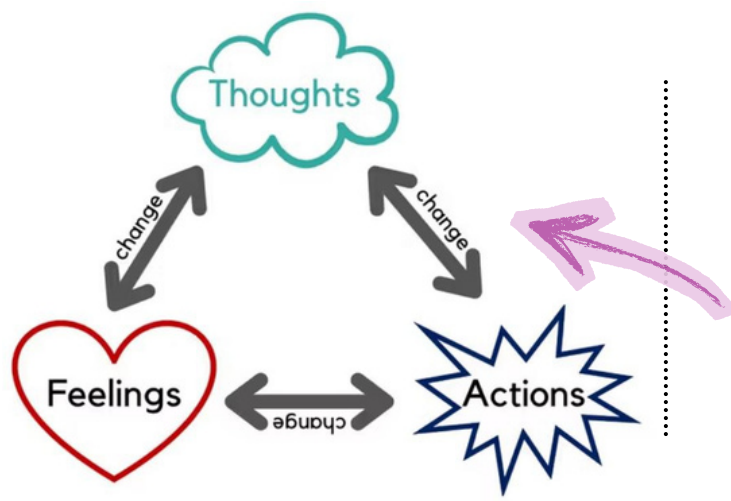
Across the three schools, teachers used various SEL tools and strategies:



STEAL in Action: Students used the tool to identify a character's emotions and motivations, pointing to evidence in the text and illustrations.

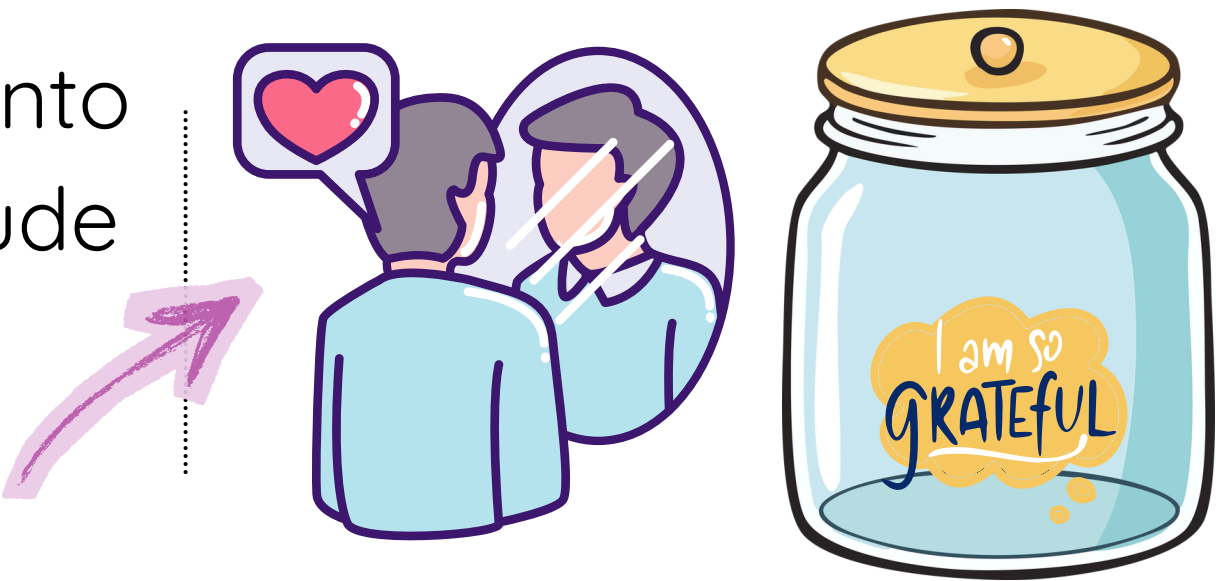
Active SEL-driven Reading Strategies: Teachers used the 'Thought Bubbles' strategy to explore perspectives beyond the main characters, building empathy by stepping into multiple viewpoints.





Metacognitive Routines: Teachers guided students to pause, reflect, and connect character experiences to their own lives.

Classroom Culture: Teachers weaved SEL into daily routines through mood boards, gratitude jars and self-affirmation mirrors, creating spaces for raising self-awareness.



 With Deep Appreciation

The SEL Team are deeply grateful to the three schools who welcomed us into their classrooms and their professional learning community. Their generosity in opening their doors, sharing their practice, and engaging in honest conversations about what they are learning is what makes our SEL network so valuable and meaningful.

 Looking Ahead

In our final event of the series, "Sustaining the Practice - Make it SAFE, Keep it SAFER," we will bring together everything we have learned to build a sustainable framework for SEL integration. We hope to see you there!

*Together, we are building classrooms where literacy
and emotional growth soar side by side.*

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photo Gallery



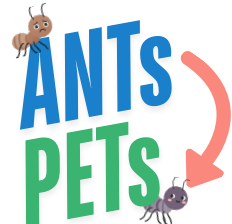
Sha Tin Methodist Primary School
10th February 2026

Lesson highlights

- Explicit instruction
 - STEAL to analyse the characters
 - Metacognitive routine
 - FAT triangle
 - Emotion meter
- Teaching practice
 - Self-affirmation mirror

Lesson highlights

- Explicit instruction
 - STEAL to analyse the characters
 - SEL-driven reading strategy
 - Thought Bubbles
 - Metacognitive routine
 - ANTs to PETs



CCC Kei Wan Primary School (Aldrich Bay)
11th February 2026



St. Mary's Canossian School
23rd March 2026

Lesson highlights

- Explicit instruction
 - SEL-driven reading strategy
 - Thought Bubbles
- Teaching practice
 - Self-affirmation station
 - Gratitude station
 - Mood station

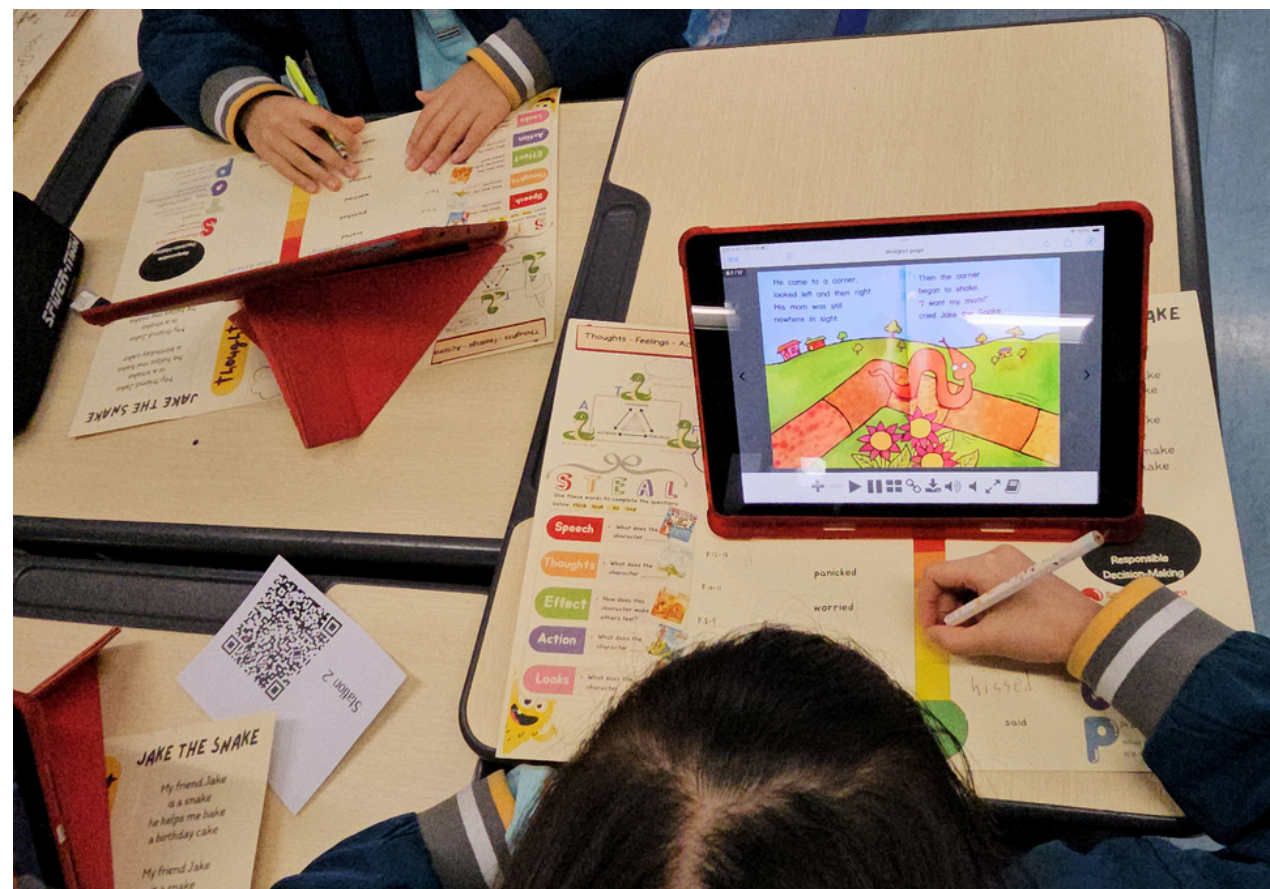
Our best ideas don't live in one classroom - they grow when we share
.....
them!

photo Gallery

Sha Tin Methodist Primary School
10th February 2026

Explicit instruction:

Using **STEAL** to analyse character's **S**peech, **T**houghts and **L**ooks



Using **metacognitive routines** to enable students to analyse characters' social and emotional journeys and apply these insights to themselves



Teaching Practice:

Establishing sustainable classroom practices that reinforce a supportive SEL culture



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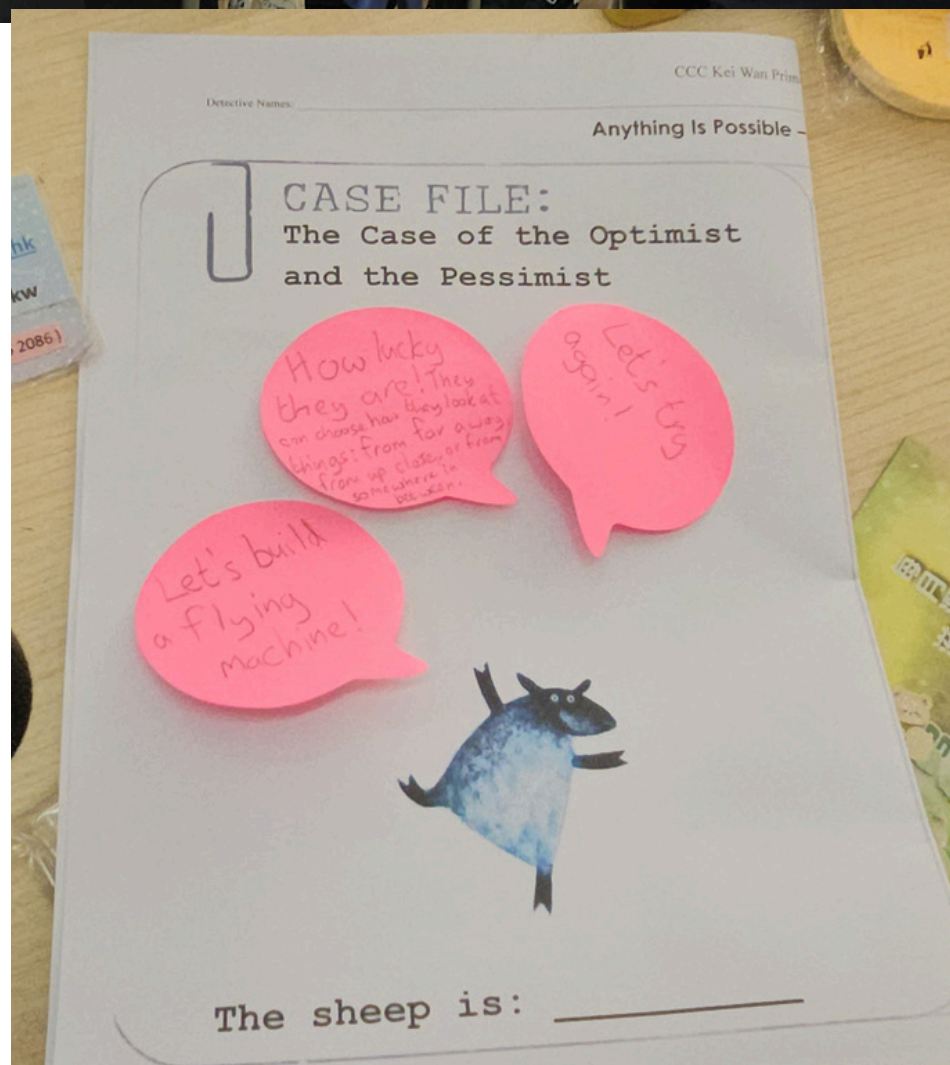
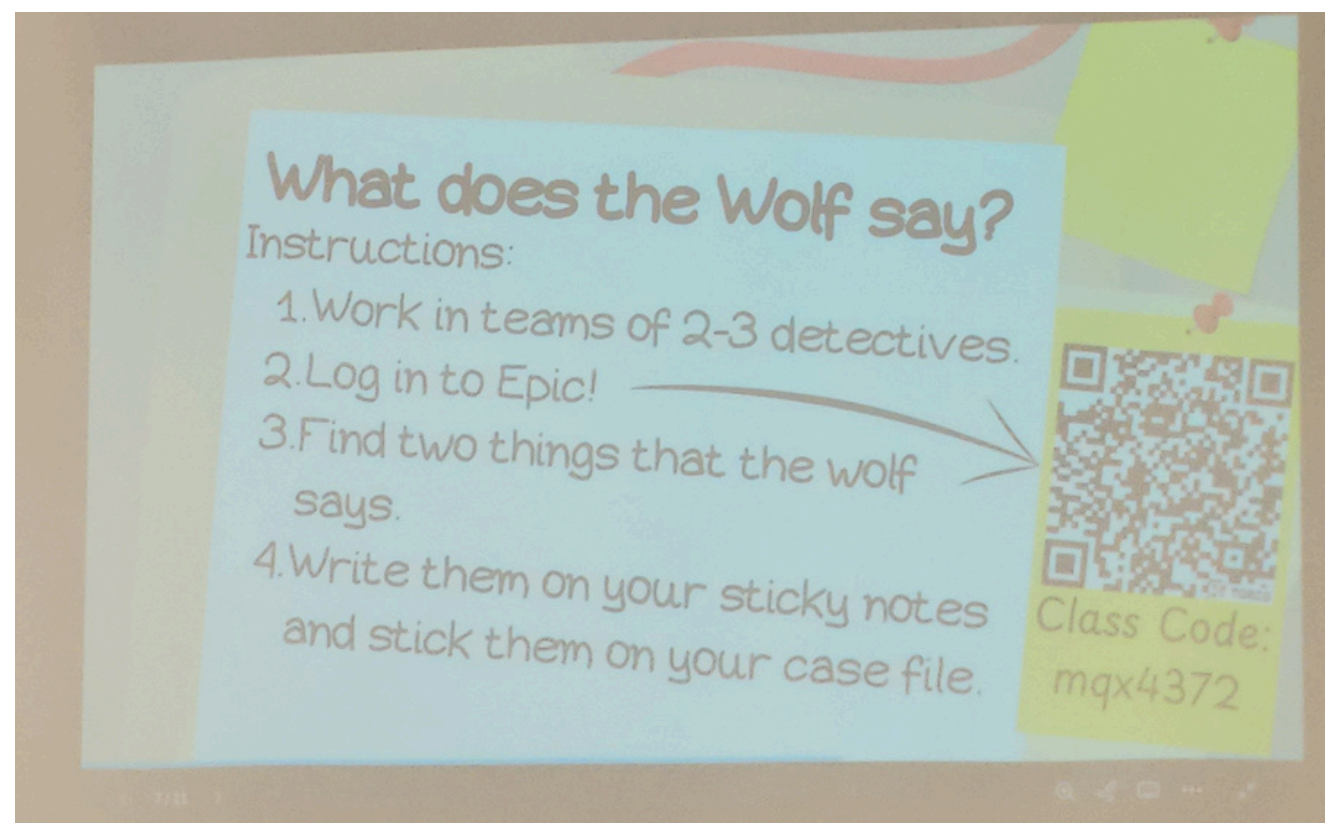
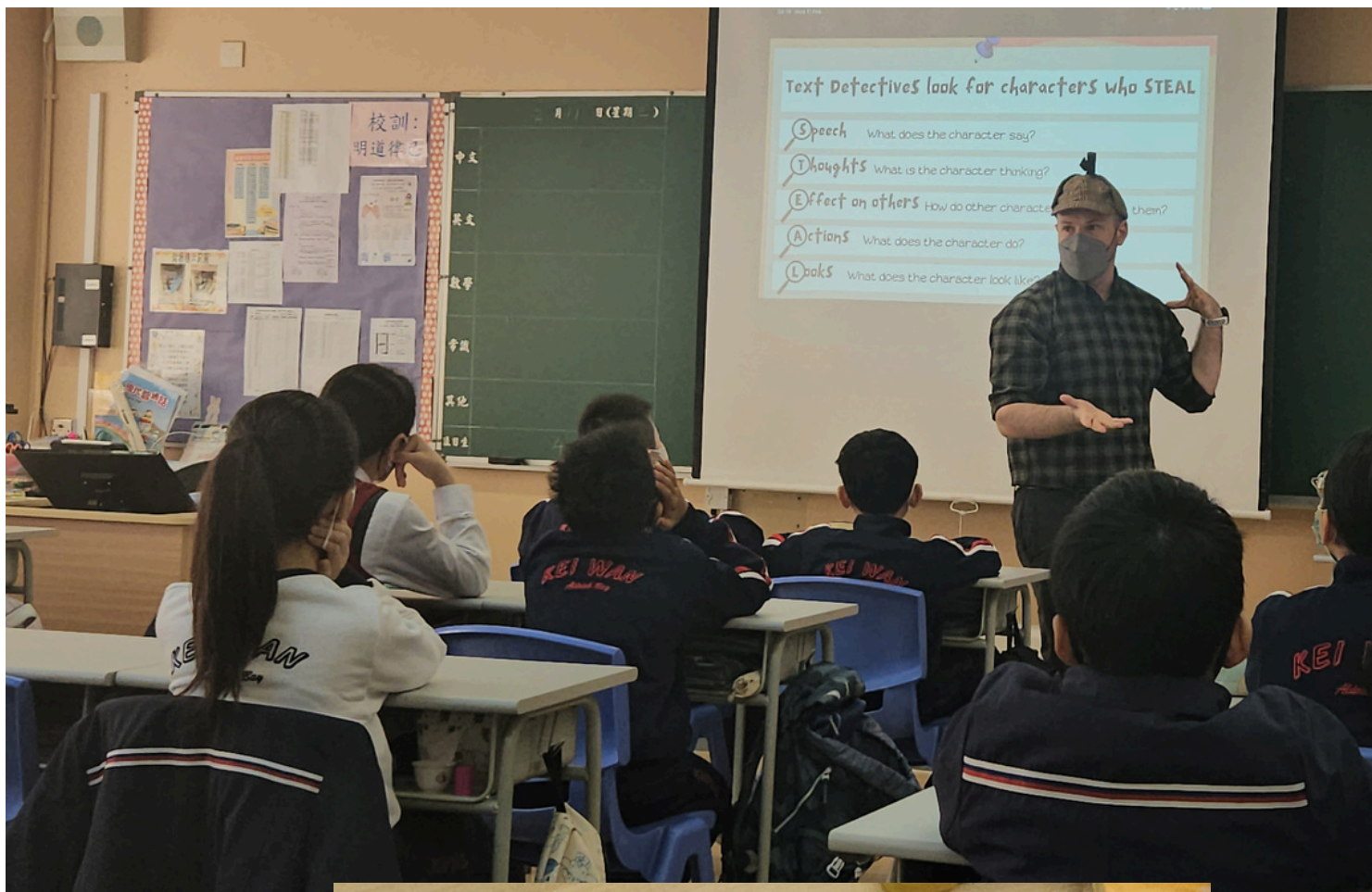
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CCC Kei Wan Primary School (Aldrich Bay)

11th February 2026

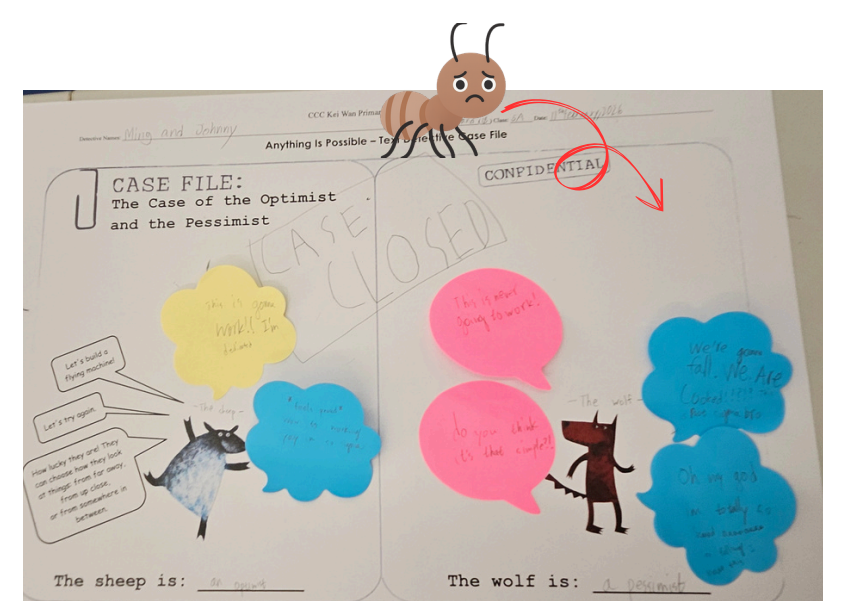
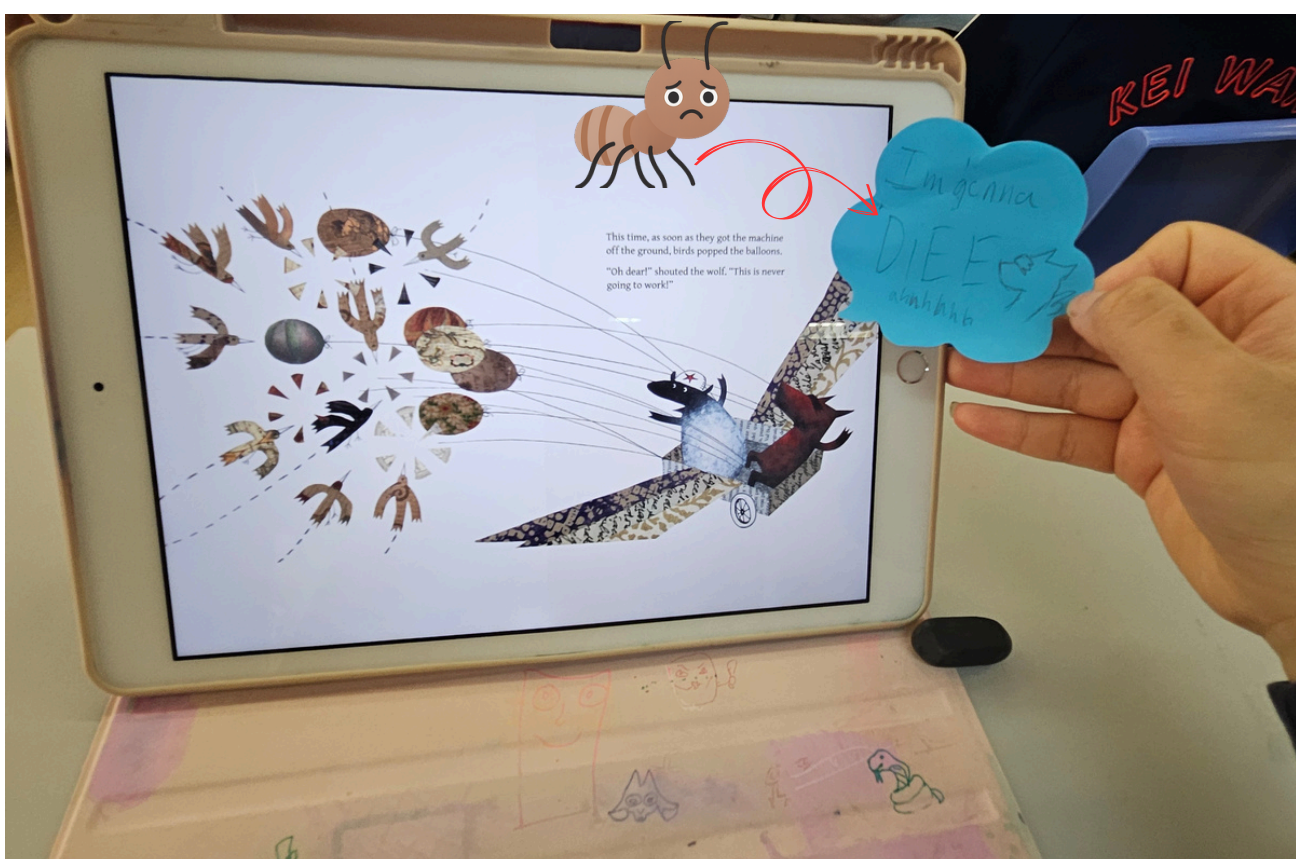
Explicit instruction:

Using **STEAL** to **notice** character's **S**peech to **identify** their SEL needs



SEL-driven reading strategy:

Using **Thought Bubbles** to build comprehension and empathy



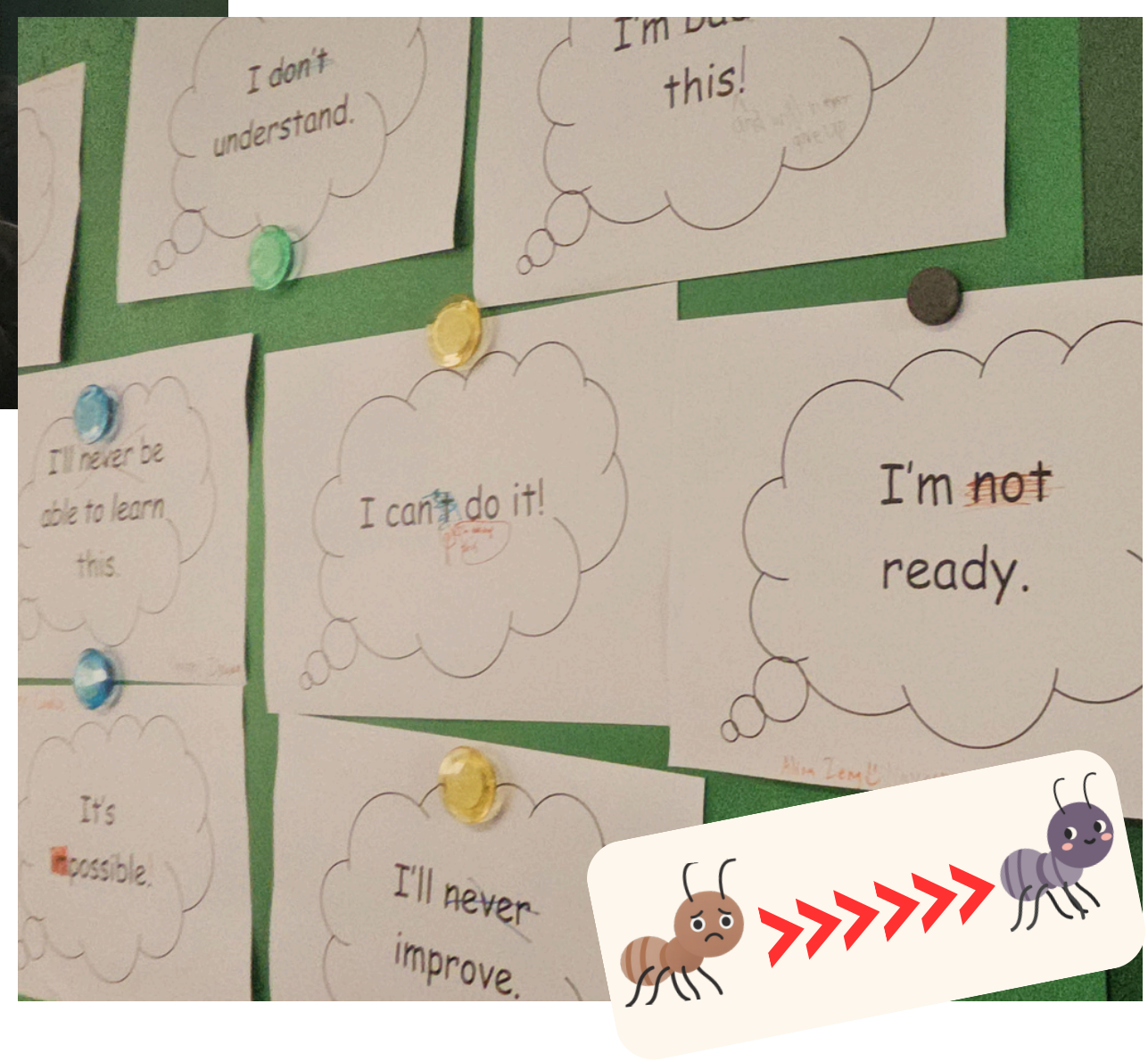
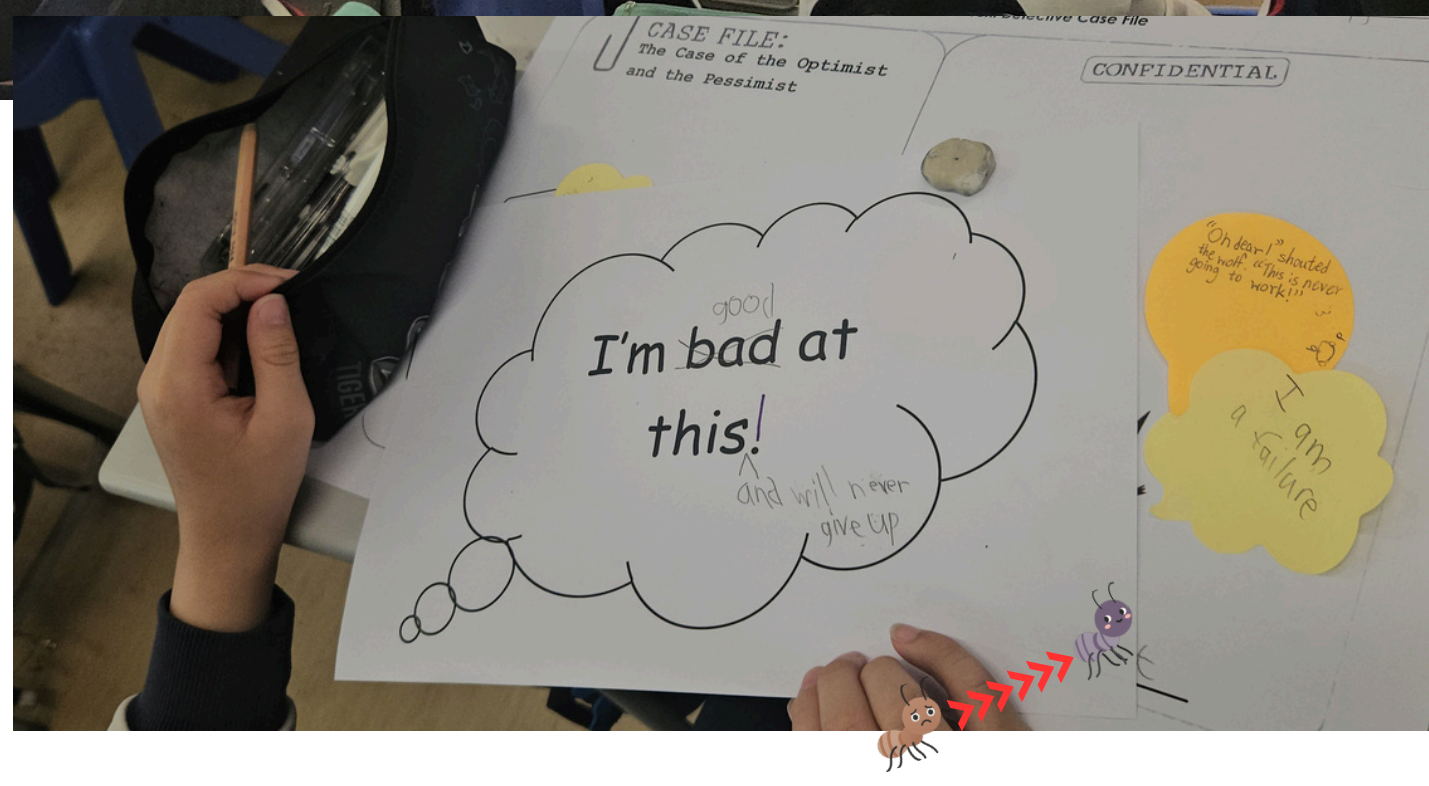
Using metacognitive routines to enable students to apply insights gained from character analysis to themselves



Automatic Negative Thoughts

ANTS
PETS

Positive Encouraging Thoughts

The logo features the words "ANTS" in blue and "PETS" in green. A red curved arrow points from the "Automatic Negative Thoughts" section down to the "Positive Encouraging Thoughts" section. Small cartoon ants are placed around the text.

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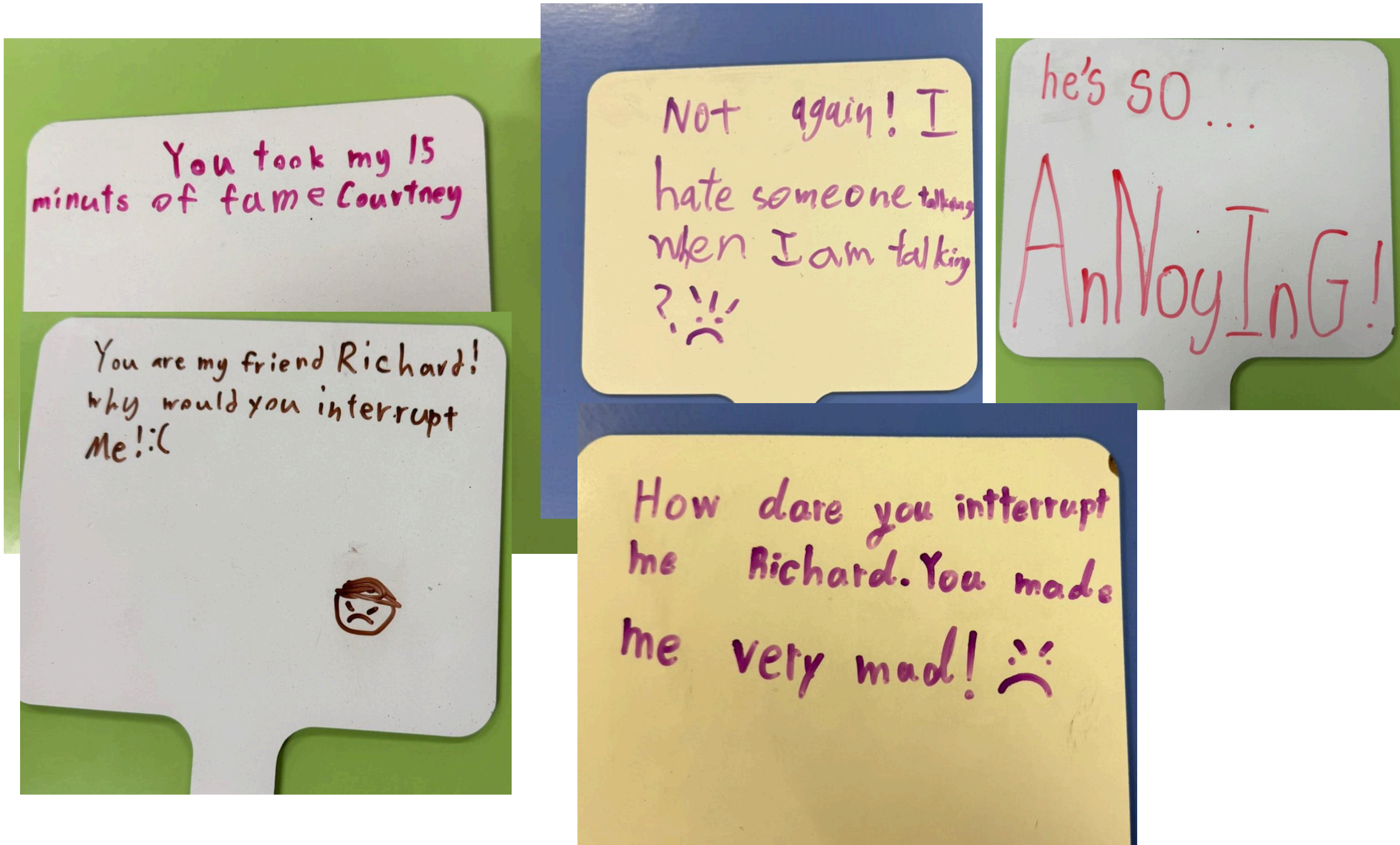
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St. Mary's Canossian School

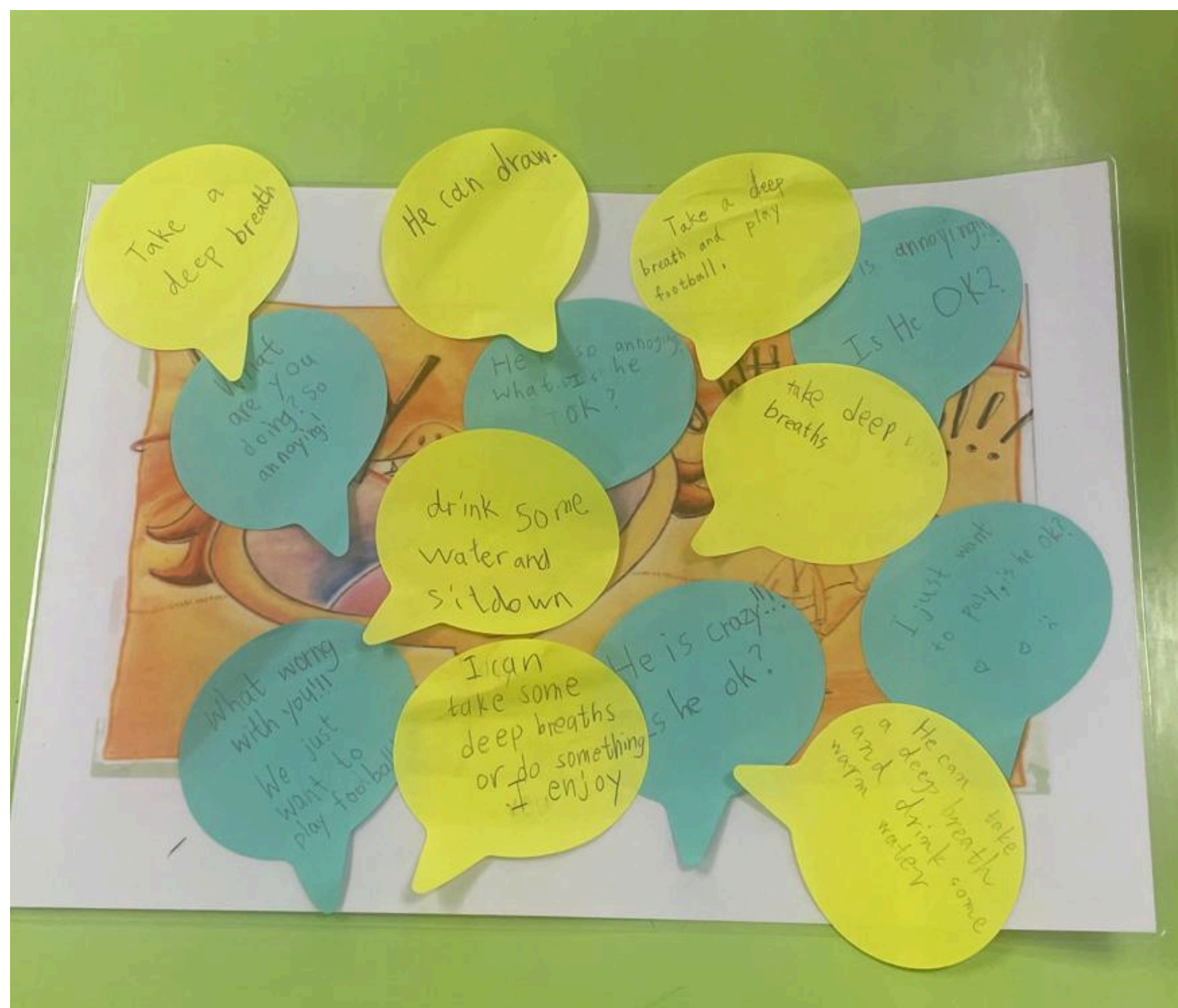
23rd March 2026

Explicit instruction - SEL-driven Reading Strategy:

Using **Thought Bubbles** strategy to build comprehension and empathy

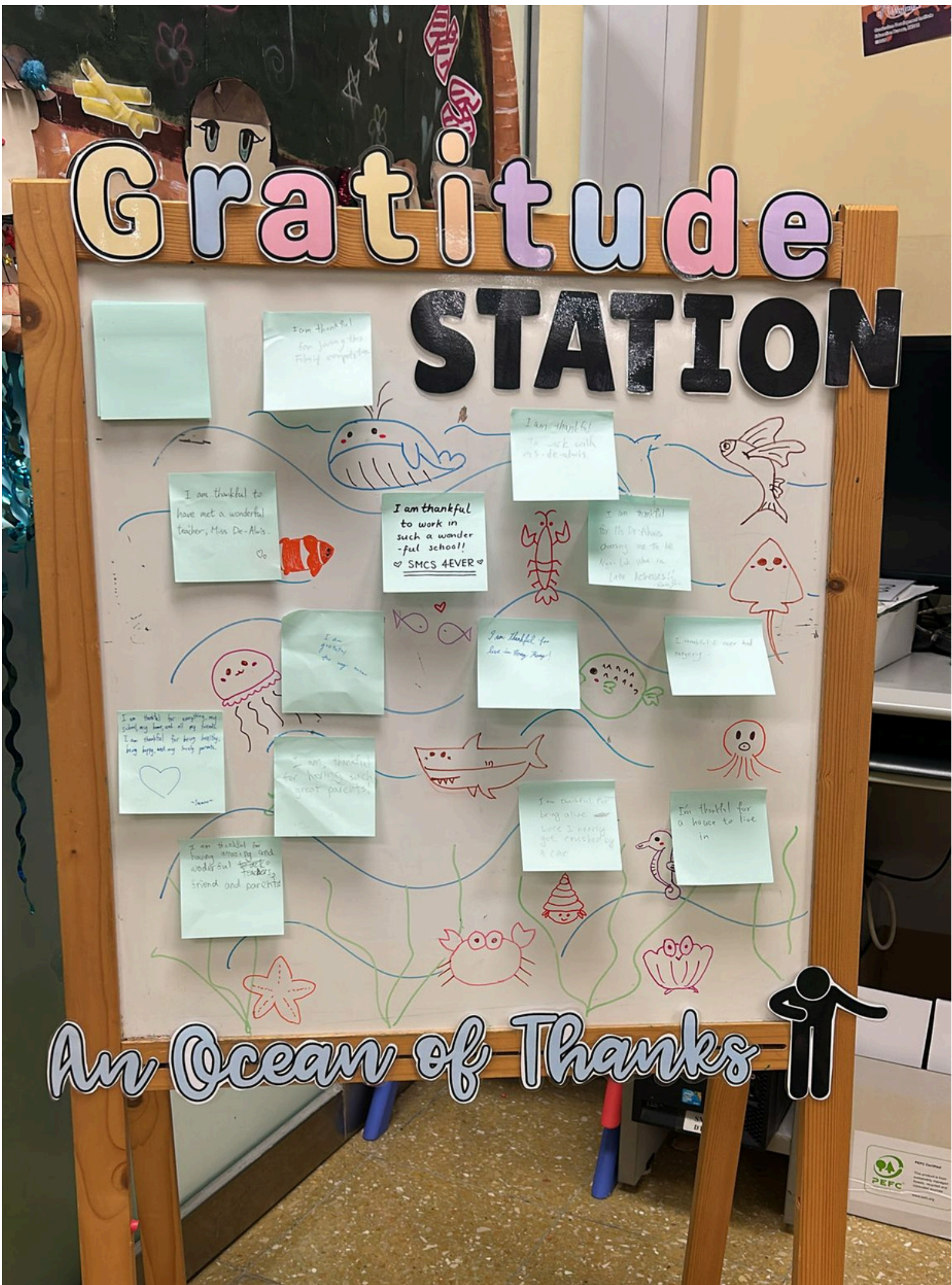


Explicit Teaching: Practising how to manage emotions



Teaching Practice:

Establishing sustainable classroom practices that reinforce a supportive SEL culture



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