

Self-monitor



Self-monitoring is knowing when I have stopped understanding what I am reading. I may not understand a word, sentence or paragraph. To fix the problem, I can pause and think, re-read or read on.

That bit doesn't make sense. I think I will stop and go back and re-read it slowly out loud and see if that helps.



Good readers are aware of their own thinking when reading. They know when their reading makes sense and when it does not.