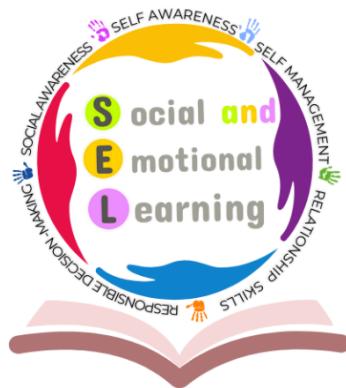


Introduction to the Social and Emotional Learning Learning Hub



Welcome to our Learning Hub on Social and Emotional Learning (SEL)! As we embark on this exciting journey together, we invite you to explore the transformative potential of SEL in our classrooms. This isn't just another professional development opportunity; more importantly, to empower our students to thrive not just academically, but as emotionally intelligent, resilient individuals who are prepared for the challenges of the world ahead.

What is Social and Emotional Learning?

Social and Emotional Learning is the process through which individuals—especially children—develop the skills to manage their emotions, establish positive relationships, and make responsible decisions. It is about nurturing the whole child, addressing their emotional needs alongside academic growth.

Imagine a classroom where students not only excel in their studies but also feel connected, understood, and equipped to navigate their feelings and relationships. This is the essence of SEL.

Why Does SEL Matter?

The importance of SEL cannot be overstated. Research shows that integrating SEL into education leads to:

Better Mental Health

SEL fosters resilience and coping strategies, contributing to overall well-being.

Enhanced Behaviour

SEL helps reduce behavioural issues, promoting a more positive learning environment.

Stronger Relationships

Students learn to communicate effectively, empathise with others and resolve conflicts.

Towards Improved Academic Performance

Students with strong SEL skills tend to perform better academically.

In a world that increasingly values emotional intelligence, equipping our students with SEL skills is not just beneficial—it's essential.

The CASEL Competencies

The Collaborative for Academic, Social, and Emotional Learning (CASEL) identifies five core competencies of SEL that we will explore in our hub:



These competencies form the foundation of a well-rounded education, shaping not only capable learners but also compassionate individuals.

Our Hub's Objectives

Throughout our four engaging events, we'll focus on:

Sowing the Seeds of SEL

Utilise story elements to inspire social and emotional learning (SEL), foster character strengths, and enhance understanding of core SEL competencies, while integrating these concepts into English language education through engaging tasks, games and activities that support student development.



Blossoming SEL Mindsets



Equip educators with strategies for using storytelling to enhance SEL skills, foster collaboration for implementing SEL-infused lessons, create a support network for overcoming challenges, and develop a toolkit of story-based activities for immediate classroom application.

SELebrating the Fruition

Recognise the progress in the learning & teaching of social and emotional learning (SEL), highlight effective initiatives by teachers and create networking opportunities for collaboration.



Join Us!

We believe that by coming together as educators, we can create a powerful ripple effect in our classrooms. This hub will not only provide you with valuable insights and resources but will also foster a supportive community where we can share experiences and learn from one another.

Are you ready to dive into the world of Social and Emotional Learning? We can't wait to see you at our first event! Together, let's unlock the potential of our students and make a lasting impact on their lives.

Activities Highlights

Date of Activities	Activities	Updates
3 October 2024	Sowing The Seeds of Social & Emotional Learning (SEL)	
19 October 2024	Aspirations for Life - Inspiring Learning and Well-being: Values Education in English Language Education 2024 Sprouting Connections: Use of SEL Stories to Inspire Learning and Well-Being	
15 November 2024	Blossoming Mindsets: Developing SEL Strategies for English Language Learning	

3 April
2025

SELebrating the Fruition: Our Journeys of SEL Growth & Achievement

